

## **NOTICE**

### **Age Criteria for NHM Contractual Positions**

This Notice is issued in respect of the contractual positions under the National Health Mission (NHM), Uttarakhand.

T&M Services Consulting Private Limited has been selected as the Service Provider for Recruitment and Management of Human Resources as per the requirements of NHM Uttarakhand, vide Award Letter dated 19.02.2026, against Tender No. 3105/NHMUK/HR/2025-26/E161131 dated 12.12.2025.

It is hereby notified to all concerned candidates that the following age criteria shall be applicable to all NHM contractual positions across all districts:

**1. Cut-off Date:**

For the purpose of determining age eligibility, the cut-off date shall be 01.04.2026. The age of every candidate shall be calculated as on 01.04.2026.

**2. Maximum Age Limit:**

The maximum permissible age limit for all posts shall be 42 years as on 01.04.2026.

**3. Age Relaxation for NHM Experience:**

Candidates who have completed a minimum of 03 (three) years of work experience under the National Health Mission (NHM) as on 01.04.2026 shall be eligible for 05 (five) years of age relaxation, subject to fulfillment of all other prescribed eligibility conditions.

**4. Maximum Age with Relaxation:**

Accordingly, candidates fulfilling the prescribed NHM experience requirement may be eligible up to a maximum age of 47 years as on 01.04.2026, subject to verification of their NHM experience and supporting documents.

**5. Applicability to Existing and Future Applications:**

The above age criteria and cut-off date shall apply to all candidates who have already submitted applications for NHM contractual positions as well as candidates applying for any future NHM vacancies under the aforesaid recruitment arrangement.

**6. Verification of Eligibility:**

Mere submission of an application or inclusion in a shortlist shall not confer any right to appointment. The eligibility of each candidate shall remain subject to verification of age, NHM experience, qualifications and other prescribed eligibility conditions along with the relevant supporting documents.

**7. Other Terms and Conditions:**

All other terms and conditions of the respective recruitment advertisement/notice shall remain unchanged.

All concerned candidates are advised to carefully verify their eligibility with reference to the above criteria before participating in the recruitment process.

Issued for information and necessary compliance.